



ABOUT AAD

Since AAD opened in 2010, we have operated on the foundation of a structured, positive learning environment that builds character and challenges the individual. We believe that self-confidence and self-respect can be built by dedicating one's self to learning the art of dance in the classroom. We work to create an environment of mutual respect. Dancers learn to come prepared to class on time and to take pride in their efforts. Excellent attendance and attitude show respect for their classmates and for their teachers. AAD also aims to provide a fun experience for the entire family through special opportunities throughout the year. Our annual June recital highlights the dedication of our dancers in ballet, tap, jazz, musical theater, acrobatics, lyrical, and hip-hop, and pointe.

Positive Psychology

AAD is the first **Positive Psychology** based Dance Studio in the world!

Angela Duckworth, the leading researcher in the field of studying grit, defines grit as: "passion and perseverance in pursuit of long term goals"

Since learning the beautiful art of dance takes time, dance serves as a perfect opportunity to practice grit. Loving dance is the "easy" part. But it's the showing up week after week, in pursuit of learning and growing as an artist with the annual performance in sight. Then in addition, to do it all over again, each year, with the same passion and hope for an even better experience.

Throughout the year we will focus on different character strengths. A few examples of strengths beyond grit include resilience, self regulation, creativity, curiosity, love of learning, honesty, zest, kindness, leadership, teamwork, gratitude, hope.

We will weave an emphasis of the character strength into our Spirit Weeks!

AAD's Promise

We believe in your child's innate strengths and promise to nurture and grow them in a positive learning environment.

We want your children to

KNOW, GROW, & SHOW their strengths
while we SPOT, CELEBRATE, & SAVOR them!

Quiz Time!

Answer the following section review questions:

What is Positive Psychology?

A: Sunshine & Rainbows All The Time

B: Positive Thinking

C: The scientific study of human flourishing, and an applied approach to optimal functioning. It has also been defined as the study of the strengths and virtues that enable individuals, communities, and organizations to thrive. Source: Positive Psychology Institute

Flow of the Season

Our calendar can be found at the bottom of every email newsletter, as well as on our website. Please reference it during the year to stay on top of our exciting events!



Calendar

We understand how busy the lives and schedules of our dance families can get as the year rolls on, so we have tried to get all of our important dates organized and ready for you so you can plan other commitments. Please see our calendar for our most important dates. More information (including times, costumes, requirements, etc.) to be communicated via email as we get closer to the events. If you know ahead of time that your family will be unable to attend these events due to planned holidays or existing commitments, please let reception know at your earliest convenience.

Communication

By now you have probably noticed that we are BIG on communication here at Abundance Academy of Dance.

For convenience, our primary means of communication is email. You will receive regular newsletters and important information via email so please ensure you have provided the studio with an up to date email address that is regularly checked. We are, of course, happy to include multiple email addresses per family if you would like your correspondence sent to numerous recipients.

Don't forget to add our email address aad@abundanceacademyofdance.com and abundanceacademyofdance@gmail.com to your contacts so we don't end up in the dreaded Spam folder.

Absentee Notice Button

For maximum benefits to your dancer, we strongly encourage consistent attendance.

There is no refund for missed classes. If AAD is on holiday for your class, please talk to AAD staff to see which alternate class would be a good fit for a make-up.

If poor attendance is consistent, student may not be allowed to perform in the recital under staff discretion.

Your child's attendance in class is very important to their peers and our teaching staff. As a member of the team, it is a commitment for you to ensure your child attends their classes on time each week and attends all lessons planned for them. Not only do absences impact the recital routines we create, it also impacts the social and confidence-building principals we work hard to foster in each age group.

Please notify AAD via the absentee button on our website if your dancer will be absent for any reason. We appreciate your dancer staying home to rest if they are contagious but encourage injured dancers to still come and observe class.

Get Social!

We make our social media a celebration of our studio! It's also a great opportunity for friendly reminders of our events. Instagram is our favorite- follow us & join in the fun!

Follow us:

[Abundance Academy of Dance on Facebook](#)

[@gritandgracewithabbygreen](#)

[@abundanceacademyofdance](#)

[@theabundancefairies](#)

Tuition

Your 2023-2024 tuition is divided into 10 monthly payments, automatically charged on the 1st of the month. Payments begin October 1st (September tuition is paid at time of registration) with the last payment for the year on June 1st. Please log into your portal if you need to update your card at any point.

If your credit card does not process for any reason, you have until the 10th of that month to correct your information and pay. After the 10th, there is a \$15 late charge.

If tuition is not paid for two months, the dancer will not be able to participate in class.

If you opt out of automatic monthly payments at any time, your tuition cost will automatically increase by 25%, paid online or due at the studio by the 1st of the month.

If you need to cancel your enrollment at any time, you must do so before the 27th to avoid paying for the next month, in addition to the cancellation fees.

Please note:

There is a cancellation charge per class for each class dropped during the year.

September/October: No charge

November/December: \$20/class

January/ February: \$30/class

March-June: \$40/class

Any dancer with an outstanding balance will not be able to perform in the recital.

Policies

To ensure the smooth, safe running of Abundance Academy of Dance and an enjoyable experience by all, below you will find our code of conduct. We reserve the right to dismiss or penalize any students or parents who breach our studio's code of conduct.

We are unable to take responsibility for our students before or after their scheduled classes and it is the responsibility of the parent to ensure their child is picked up and dropped off on time. In the case of an emergency or unavoidable delay, **please contact the studio immediately** to inform us of the situation so we can keep your child calm and safe until they can be collected.

No classes (including private lessons) or teachers are to be disturbed unless it is an emergency. All parents are welcomed to wait in the waiting areas or outside of the studios until classes have been dismissed.

For urgent situations, we have a bathroom in the back and ask that all people who walk across the studio floor please take off their shoes before doing so.

Personal meetings with the studio director can be arranged via email.

In the rare case of a parent or student showing disrespect or defamation to any parent, staff member or student, a meeting will be called immediately and dismissal may be considered at the discretion of the director. Physical, mental, emotional or cyber bullying by parents, staff or students will not be tolerated and may result in dismissal from the studio.

Abundance Academy of Dance takes no responsibility for any stolen or misplaced property on the studio premises and we encourage our families to avoid bringing valuable items into the studio where possible.

Abundance Academy of Dance management reserves the right to change teachers or the class schedule when necessary at any time throughout the year.

Choreography, costuming and studio policies remain the intellectual property of Abundance Academy of Dance and may not be reproduced or sold by any students, parents, or staff without permission of the director.

In case of inclement weather, we will notify you of any canceled classes by email accordingly. You can also visit our Facebook page and Instagram page for updates.

Looking Fresh!

At Abundance Academy of Dance, we have a strict dress code to allow dancers to focus on instruction and teachers to assess proper body alignment. We also believe that wearing studio uniforms give students a sense of belonging to our family as well as teaches our dancers to take value in the way they prepare for class.

Our uniforms also:

- Encourage discipline
- Help students resist peer pressure to buy stylish clothes for class
- Diminish economic and social barriers between students
- Increase a sense of belonging and school pride
- Improve attendance

[Click here for the shop!](#)

Uniforms can be purchased year-round from the studio. Please see the SHOP tab under Members on our website.

Our Favorite Day of the Year!

Our recital is the big event of the year! The entire studio performs on a June day each year, with a full dress rehearsal in the days before the show. Last year, the recital was at the beautiful theater at Lincoln University. Performers range from 3 to adult and the show is a product of many months of rehearsal. Each class performs one routine wearing thoughtfully picked, appropriate costumes. There is one required recital costume per class, at a cost of about \$85. Each family is responsible for paying and ordering the costume in the fall. Recital tickets go on sale in the beginning of May; cost is about \$20.

Community

The key ingredient to our studio's success is coming together as a community! AAD's ability to thrive and grow is fueled by our loving and supportive families. All gestures, big and small, are appreciated and noticed.

Ways to support the studio:

- Follow us on Social Media!
- Tell your friends about us!
- Read our emails!
- Cheer loudly at recital!
- Write a positive review for us!

Ultimately, we are looking for families who feel aligned with what we have to offer, value our work with their kids, and are ready to enthusiastically add to the energy at the studio.

If for any reason, you haven't felt connected with who we are as a community and the values we hold, please contact us. We believe there is a dance home for everyone, and while we hope that we are a perfect match for you, we understand if it's not the right fit.

AAD Parents!

AAD is a place for progress, persistence, and passion- it is not a place for perfection. And that goes for our AAD parents too!

We appreciate all the effort that goes into being a dance parent. We are calling for kindness to make our studio culture complete.

There will be different opportunities to step forward as a parent ambassador for the studio throughout the year.